

Capital District Youth Soccer League  
2006  
Coach's & Manager's Guide



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*This Field Guide has been prepared to provide some basic information and answers to your frequently asked questions. More detailed information is available at the CDYSL Website.*

**Plan to Check the CDYSL Website daily during the League Season!**

Up to date information on League activities, game schedules, scores/standings, field closures and changes in League rules are posted daily.

**IMPORTANT DATES**

- **September** – New league fiscal and registration year begins
- **September-November**
  - Fall Outdoor League-U10-U12's (6 games mid Sept-Oct)
  - League & State ODP tryouts
  - Fall State Cup Play for U10 and U11 and U12 Challenge Cup Only.
- **December - Team Commitment Forms sent to clubs.**
- **January** - Team Commitment Forms due mid January; must be signed by Club President.
  - State Cup Entry forms for U12 & above due.
  - Preliminary team placements posted on website.
- **February**- - Appeals meeting & Final Placements posted.
- **March** – Game Schedules distributed at Mandatory Coaches meetings during last week of March
- **April** - State Cup begins. League play begins last weekend in April.
- **May** - After Memorial Day, weeknight games begin for all ages.
- **June - July** - League games end by first week in July.
- **July** - Register teams for U10 and U11 State Cup and U12 Challenge Cup Play. These age groups will play their initial games in the Fall
- **August**
  - CDYSL Annual General Meeting. Trophies distributed to league division 1st and 2nd place winners
  - Team Commitments for U10-U12 Fall League due

## **BEFORE THE GAMES BEGIN**

### **Registration and Insurance**

**All Teams, Players, Coaches and Team Managers participating in the CDYSL Spring Traveling season and any other USYSA sanctioned event (including tournaments and Indoor leagues) MUST be duly registered with the Eastern New York Youth Soccer Association according to the guidelines administered by FIFA, USYSA and ENYYSA..**

- Your Club's Registrar is the ONLY club official authorized to handle registration procedures for your team, its players, coaches and team managers.
- **Unregistered teams and their personnel are NOT sanctioned for play and hence NOT covered by League insurance until registration is complete.**
- Coaches are ultimately responsible for making sure all their players are registered **before** they are allowed to participate in league games and other sanctioned events
- **PLEASE PLAN AHEAD** Rosters can be updated and additional players added to your team but depending upon the time of year, it can take up to 2-3 weeks to process the paperwork and for passes and a roster to be returned.

### **Rosters and Passes:**

- Players, coaches and team managers are issued laminated player/coaches passes and a stamped team roster as proof of registration. **NO PASS / NO PLAY**
- Passes must be presented with your roster when participating in League, ENYYSA and/or USYSA sanctioned events. Photocopies will NOT be accepted.

**NEW FOR 2006:** In response to concerns for privacy, CDYSL will permit the exchange of an abbreviated "Game Roster" containing only Player names, Jersey #'s and League ages for league games instead of the full player information found on the "Official Team Roster"

All Player/coaches passes and official rosters must still be available for inspection at any time during a sanctioned event.

Additional details regarding Registration procedures and insurance coverage are posted on the CDYSL website.

### **Team Commitments and Divisional Placements**

Clubs wishing to enter teams in the CDYSL Spring Traveling league must submit a team commitment form to the Games Committee by mid January.

Information provided on the commitment form is used to setup divisional placements for double age & gender groupings. Single age groupings in boys divisions (U11 & up) may be assigned if the number and quality of teams requesting such placement is appropriate.

### **Appeals**

**Preliminary placements** are posted in mid-February. All coaches are encouraged to review and submit a written appeal to request changes in their team's placement and/or express concerns the committee may have missed or not been made aware of.

**Final placements** will be posted after an open meeting of the Games Committee to review all appeals and concerns.

*All coaches are encouraged to attend the appeals meeting even if they are not seeking a change in placement.*

### Setting up for the Spring Traveling Schedule

Preparation of the Master game schedule begins after final placements are posted. Final schedules are distributed at the Mandatory Coaches meetings scheduled for the last week in March. Teams dropping out of the league after final placements are posted face significant withdrawal and rescheduling fines. (See the CDYSL forms area for a complete schedule of League fines and fees)

## ON GAME DAY

Check the CDYSL Website for the most up-to-date information regarding your game

### When you're the Home Field Coach

In addition to the responsibilities outlined above. Before the start of a game the home field coach should have:

- Received confirmation from the assigned referee at least 24 hrs. before the game.
- Examined the field for foreign objects or other obstructions.
- Examined the goals to ensure they are properly anchored and nets are properly secured.
- Examined the field markings and checked the length and width for compliance.
- Designated one line person.

### At the field

- Present laminated PASSES and a copy of your abbreviated GAME ROSTER to the referee and opposing coach prior to each game. (A copy of your official roster must be accessible should there be a question) **NO PASSES or ROSTER = NO PLAY**
- Player passes must match team roster(s)
- Pay one-half of the referee fee(s) prior to the game.
- Examine field for safety.
- Assure that your players and spectators conduct themselves in a sportsmanlike manner.
- Players and spectators must be on opposite sides of the field whenever possible.
- Provide the league office with a written statement if there is an issue with a referee or the opposite team.

### Referee Compensation

- Each coach is responsible for payment of half of the referee fee(s) before the start of the game.
- **3 Man Referee Assignments:** Check ref assignments for your game on the CDYSL website and be prepared to pay for assistant referees
- Games for **U16, U17 & U19** Boys/Girls in **Div I & 2** will be assigned 3 referees where possible
- **2006** Referee Fee Schedule
  - The referee fee may be paid with either cash or check.
  - If the game is canceled at the field before the start of the game, the coach should not pay the referee. The home club will be billed.
  - Home Games in ALL ages/divisions scheduled in Oneonta & Cooperstown will be assigned 3 referees, teams should be prepared to pay for the extra referee

Age Group	Referee Fees	Asst RefFees
U 17 & 19	\$56	\$25 each
U 15 & 16	\$48	\$22 each
U 13 & 14	\$36	\$15 each
U 11 & 12	\$28	\$15 each
U 10	\$24	\$15 each
U 08	\$15/\$15	

*\*Referee fees are adjusted for CDYSL U8 games which use a small sided (4v4) - dual field method of play.*

### **A Word about Field Closures**

If it becomes necessary to close ALL Club Fields because severe weather makes them unplayable on game day, ONLY your Club President or the Field Coordinator identified on your club's field commitment forms is authorized to close them - Individual coaches are NOT.

**Notice of field closures must be called into CDYSL by your field coordinator before 4pm on Weekdays and 10am on Sundays.** If not notified by the above deadlines, field closures can only be handled at the field by the referee assigned to the game. Failure to notify could result in significant fines and rescheduling fees. (See Fines & fees section)

Once a club field is closed and/or determined to be unplayable, ALL games scheduled for the remainder of that day must also be cancelled.

### **How does my club close a field?**

- **The field coordinator contacts CDYSL before 4pm on Weekdays and 10am on Sundays.**
  - Phone: 518-435-2325
  - Follow up with email to [CDYSLOffice@cdysl.org](mailto:CDYSLOffice@cdysl.org)
- All field closures submitted by the above deadlines will be posted on the CDYSL website by 4:30pm and 10:30am respectively.
- Your Field Coordinator is responsible for contacting all coaches regarding the status of their club's fields.
- You are responsible for notifying the opposing coach ASAP. Please call early as some teams have as much as 1 ½ hours of travel time.

## **SCORE REPORTING**

- The home coach is responsible for mailing the score report card provided by the League to CDYSL within 48 hours of the game.
- Cards should be signed by both coaches and the referee. If someone refuses to sign, note it on the card and MAIL the CARD to CDYSL without it.
- Any problems or protests should be reported in the space provided on the card.
- For a canceled game, mail the card with a notation of the cancellation.
- If the referee cancels the game after completion of the first half, the game will be considered completed.
- Failure to report scores within 10 days after the game is played: Home team forfeits the game (0-2) and is fined \$10. No appeals by either team after 10 days

### **Note to U8/10 Coaches:**

While U8/10 games are Not-result oriented, score cards must be returned as proof games were played. The website will note these games as played but scores and standings will not be posted.

**Coaches are responsible for checking the accuracy of scores and standings at the CDYSL Web Site**

<http://cdysl.org>

Report errors via E-mail to:  
[CDYSLOffice@cdysl.org](mailto:CDYSLOffice@cdysl.org)

## **RESCHEDULING GAMES**

Teams not in attendance at Mandatory Coaches meeting will NOT be granted requests for rescheduling except for weather related field closures

*The final CDYSL league master games schedule contains close to 3000 games. Once finalized requests for rescheduling will ONLY be considered for one of the following acceptable reasons:*

- **Field closure** by the Club. (See also **Field Closures**)
- **Fields are declared unplayable** by referee at game.
- **No-show by referee** and the coaches fail to agree on a substitute. (The home coach should return the score card noting a no-show by referee within 24 hrs.)
- **Conflict with a State Cup or Premier League Game.**
- **Tournament conflict** (Requires agreement by opposing coach and rescheduling request submitted at least three weeks in advance – **Rescheduling fees apply**)
- **Conflict with ODP** (only if three or more players are involved.)
- Game is scheduled on a **non-traditional play date.**

**NOTE: Games cancelled for weather are accepted as cancelled by the league. Game changes for any other acceptable reason are not officially changed until you receive written notification from the League Office**

### **How do I reschedule a game if one of the above reasons is applicable?**

- **Call the opposing coach immediately** to notify him/her and arrange an alternate date, time and location.
- **CDYSL strongly recommends games be rescheduled for Saturdays when possible**
- **Submit the rescheduling information** CDYSL will notify the referee about the cancellation and/or the change of date and time if the procedure below is followed properly.
- **Send email to: [RESCHED@NYCAP.RR.COM](mailto:RESCHED@NYCAP.RR.COM)**  
The following information MUST be included (*Requests will be automatically denied if information is incomplete*)
  - Club Requesting Change
  - CDYSL Game Number
  - Original Game Date
  - Age, Gender, & Division
  - Home Team
  - Away Team
  - E-mail address of Manager or Coach of Opposing Team
  - Reason for Rescheduling:
    - New Scheduled Date
    - New Scheduled Time
    - New Scheduled Place
  - Name and e-mail address of your Contact from opposing team you spoke

**Rescheduling confirmation will be returned via e-mail once your request has been processed.**

## **RULES OF PLAY**

FIFA rules shall apply except as modified by USYSA, ENYSA and CDYSL. Changes as modified for the CDYSL League Season are noted below

<b><u>Age Group</u></b>	<b><u>Length of Game</u></b>	<b><u>Ball Size</u></b>
U8	Four 12 minute quarters	#3
U10	Two 25 minutes halves	#4
U11 & 12	Two 30 minutes halves	#4
U13 & 14	Two 35 minutes halves	#5
U15 & 16	Two 40 minutes halves	#5
U17 & 19	Two 45 minutes halves	#5

### **Roster Size and Number of Field Players:**

<b><u>Age Group</u></b>	<b><u>Max/ Min Roster Size</u></b>	<b><u># Field Players</u></b>
U8	14/10	2 squads - 4 v 4 (No keeper)
U10	14/ 7	7 v 7 (including keeper)
U12-U19	22*/ 7	11 v 11 (including keeper)

\*League play Only – 18 for State Cup, Tournaments

### **Minimum # of Players to play game**

U8	1 squads – 3 v 3 (See also U08/10 Rules)
U10	5 players
U12-U19	7 players

**Field and Goal sizes:** Refer to CDYSL website under Fields for more information on recommended field sizes for individual age groups.

CDYSL allows exceptions to specified field and goal size if the exceptions are stated on the Field Commitment Form.

### **Girls Soccer**

Girls may use their hands and arms (held vertically or crossed against the chest without any movement during and immediately after contact with the ball) to protect their upper body.

### **Substitution Rules**

**U08 Players:** Substitutes may enter the game anytime the ball is out of play with permission of Referee

**U10-U19 Players:** Substitutes may enter the game under the following conditions:

- Throw in by their own team
- Goal kick by either team
- After a goal is scored
- Before start of second half
- After a yellow card
- After an injury

NO substitutions are allowed on corner kicks

NOTE: More liberal substitution rules are recommended on hot summer days for younger age groups in particular. Changes must be agreed upon by the referee and both coaches BEFORE the start of the game.

**2006 CDYSL Special Playing Rules for Under 8 and 10 Small Sided Games** (A full text copy of U08/U10 rules are posted on the CDYSL website under Small Sided Games)

**Scores and Standings:**

- U08 & U10 play will be Non-result Oriented. in accordance with USYSA guidelines.
- Scores and standings will not be posted, games will be noted as played.
- Score cards for U8/10 games must be forwarded to the League Office to verify that games have been played. Home teams failing to return game card within 10 days will be a \$10 late fee.

**Rules of Play**

No cautions or ejections shall be issued except by an official referee.

**U08:**

- Dual Sided Game Format: CDYSL adopted the dual sided game format for all U8 divisions. Each team is split into two squads on game day and two simultaneous games are played between the two opposing clubs' teams.
- No direct or penalty kicks
- No offsides

**U10:**

- Direct and indirect kicks are awarded
- Offside rules enforced.

## **OTHER ISSUES**

**League Guest Players** (Policy updated for 2006)

CDYSL allows **U14, U16, 17, 18 & 19 traveling players** to register as "**League Guest Players**" for one additional team within their own club. Special conditions apply.

*Refer to CDYSL website under CDYSL Rules for more information.*

- Players wishing to be identified as League Guest Players must first be officially registered with their club and through the league as "secondary" players BEFORE the first game of the league season.
- Separate player passes and a secondary roster will also be issued to identify these players on the field.

**Sportsmanship**

- Clubs are encouraged to distribute and enforce the League Codes of Conduct for Coaches, Players, Spectators and Volunteers
- Either before or after each game, players and coaches are expected to shake the hands of the opposing players and coaches and the referee(s).

**Mondays during the League Season:**

- Mondays are generally reserved for U8 games and League ODP team practices/scrimmages.
- Coaches are asked to limit mandatory practices on Mondays to allow players to participate in League ODP activities

### **Grievance Procedures for League Play**

- Any person or Club associated with CDYSL may file a complaint.
- A person or Club may initiate a grievance against any team, Club, or individual, including a referee, by submitting a letter.
- The Games Committee may resolve the grievance or it may be necessary to refer to the Arbitration Board.
- JUDGEMENT CALLS are not a proper subject for Arbitration.

### **Sanctions**

- A forfeit and associated fines will be charged to any team playing with unregistered and/or over age eligible players in any sanctioned event. The Head Coach and Club may face additional punishment.
- In the case of a player being ejected from a game, the team shall play the remainder of the game with one less player. The player must leave the field of play. The player shall be suspended from the next League game.
- ANY PLAYER OR COACH EJECTED FROM A GAME, IS SUSPENDED FROM PLAY IN THE NEXT SCHEDULED GAME.
- All Red and Yellow Cards shall be reported to CDYSL for the purpose of accumulating points during League play. Each Red Card is worth 3 points and each Yellow Card is worth 1 point. An accumulation of 3 points will result in a 1 game suspension. Six points will result in an additional game suspension and 9 points will result in suspension for the season.
- Violent misconduct may result in immediate suspension for a period to be determined by CDYSL.
- Violent or harmful behavior by any player, coach, parent, or fan may result in the ejection of the coach and/or sanctions against the club.

### **Fines and Fees**

- Game Forfeiture Fines :
  - **With 72 hrs. advance notice: \$50 per game**
  - **Less than 72 hrs. notice: \$50 plus FULL referee fees for game**
  - **NO SHOW Forfeits: \$100 per game plus FULL referee fees for game**
- Failure to report scores within 10 days after the game is played: Home team forfeits the game (0-2) and is fined \$10. No appeals by either team after 10 days.
- Failure of Club to Contact CDYSL re: Field Closings: \$50 plus ½ Referee fees for 1st game(s) - May also result in game forfeiture fines
- Game Rescheduling Fees:
  - CDYSL rescheduling fee: \$3.25 per game
  - Referee Re-assigner fee: \$3.25 per referee
- Clubs must pay fees and fines in a timely fashion.