

Capital District Youth Soccer League

RULE BOOK

CDYSL RULES & REGULATIONS

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CDYSL RULES AND REGULATIONS

I. PLAYER AND TEAM REGULATIONS

A. Age Groups.

The ultimate aim of our league is to operate the following age groups: Under 19, Under 18, Under 17, Under 16, Under 15, Under 14, Under 13, Under 12, Under 11, Under 10, Under 8, in areas and territories described under our Constitution and Bylaws. Where possible these age groups should be operational for both boys and girls. The CDYSL Games Committee will determine annually what age groups will be available for play.

B. Cut-off Date for Age Groups. Age divisions shall comprise players who are, prior to the first day of August of the current season, Under 19, 18, 17, 16, 15, 14, etc.,. There shall be no bottom cut-off date.

C. Number of Players.

1. All teams, except Under 8s and 10s, are permitted to roster up to twenty-two (22) players for League play. Under-8 and 10 are permitted to roster up to fourteen (14) players. This does not apply to National Cup or any other USYSA sanctioned tournaments or games.
2. No team U9 or higher may register fewer than seven players. Special rules for U8 roster sizes and team composition are outlined in Appendix D
3. Any team playing a player who is over age shall forfeit the game(s) in which that player takes part.
4. All players registered on a team are permitted to dress and play in CDYSL games. This does not apply to National Cup or any other USYSA sanctioned tournament or games.

D. Participation and Restrictions.

1. In the case of a player being ejected from a league game (ie. Issued a red card), the team shall play the remainder of the game with one less player. The ejected player shall serve one game suspension in the game immediately following the game in which the player was ejected. His/Her name should be clearly marked on the roster when serving the suspension. Any player ejected while playing on the losing team in the State Cup tournament is liable to the same suspension unless one or more League games were missed due to a delay in the return of a confiscated player pass.
2. Each team shall be represented at the field of play by a registered coach (19 years old or over), registered assistant coach or registered trainer. Only properly registered personnel will be allowed on or near the team bench during a game.
3. CDYSL promotes for the "good of the game" that every player play at least half of every game, particularly in age groups under 16.

E. Team Tryouts and Poaching.

Teams which conduct tryouts may do so at anytime. However, no team or club shall seek a player's commitment to a team or club prior to August 15th (or August 1st for those teams competing in fall State Cup games), whether orally or in writing, through payment of money, or otherwise. No member club or team shall discourage or forbid a player from participation in any tryout.

No team, whether through its coaching staff, players, parents or guardians, responsible officer or any

other representatives, is permitted to induce a presently registered player to leave his or her team to transfer to, and play with another CDYSL team during the current seasonal year. Allegations of poaching shall be subject to a hearing by the Arbitration Board, which will set penalties, if any.

F. League ODP Tryouts.

No Club or coach shall forbid or discourage any player from trying out or participating in the League Olympic Development Program (formerly called the CDYSL Select Program) or in the State Olympic Development Program (ENYYSA ODP). The League ODP shall, in return, make reasonable efforts to avoid conflicts with players' club teams in practices and other events.

II. REGISTRATION AND FEES FOR PLAYERS AND COACHES

A. Youth Players. A youth player is one who has not reached the age of 19 years prior to August 1 of the current seasonal year. A player who reaches his nineteenth birthday on or after August 1 of the seasonal year shall compete as a youth player for the entire seasonal year.

B. Date of Registration. All players shall be registered by the club which shall submit the registrations to the League's Registrar at the beginning of the seasonal year or prior to commencing League play.

C. Player Registration.

1. Players will be registered with CDYSL's Registrar on a form approved by the ENYYSA.

2. A Player registration fee will be charged and it shall be set annually by the Board of Directors.

3. Players registered by the CDYSL may not be registered simultaneously with another affiliated soccer team, club or league.

D. Coaches' Registration. Club coaches, assistant coaches, managers and trainers shall be registered with the League Registrar. The pass will bear a picture, and will be given to the referee with the players' passes prior the commencement of the game. The coach's pass may be kept by the referee and sent to the Game Coordinator in instances where he/she has been disciplined. If a team does not have a registered person assigned for the game present at starting time, the game will be forfeited to the opponent.

Risk Management. Each coach wishing to be registered shall provide an appropriate disclosure form and the appropriate fee to authorize a background check. No coach will be issued a pass or have his/her name placed on an official roster if such authorization is not provided. Timely information on the Risk Management procedures may be found on the league web site.

E. Proof of Age. Proof of age shall consist of a birth certificate, board of health records, passport, or alien registration card issued by the U.S. Government, or certificate of Naturalization issued by the Immigration and Naturalization Service.

F. False Registration. Any team playing an illegally registered player shall forfeit all the games in which the illegal player has participated in.

G. Coaching Licenses. Head coaches listed on CDYSL travel, recreation plus, tournament team and state cup rosters shall hold a soccer coaching license as provided with completion of coaching education in the A-F and Youth Module series of courses certified by USSF, and Eastern NY Youth Soccer Assoc. The Youth Module 1 license is the minimal requirement. Coaches will initially provide documentation of such a license at the time that a team is registered. Unlicensed coaches will not be listed as head coaches on these rosters. Once provided, this documentation will be kept on file by the CDYSL office for future verification. This requirement is subject to the following

provisions:

1. New coaches in CDYSL will have until the end of their first seasonal year (ending Aug 31) to obtain a license.
2. A coach may request, in writing, a temporary waiver of this requirement. Such requests will be evaluated by a Coaching Committee consisting of the 1st and 2nd Vice Presidents of CDYSL, the games committee chair, and the league operations director. This Coaching Committee shall evaluate the merits of such a waiver, and determine its length. Such approvals may only occur with unanimous approval of the Coaching Committee. The maximum time for such a waiver shall be one year.
3. Coaches covered by provisions “1” and “2” above, may be placed on a probationary status, the scope of which shall be determined by the coaching committee.
4. CDYSL will also accept as valid licenses, State level licenses at the D, E, F, and Youth Module level when approved by state associations other than ENYYSA providing that those associations are members of US Youth Soccer.
5. The Coaching Committee may recommend actions regarding such individuals on probationary status if grievances are filed against them. The Coaching Committee may institute additional requirements on probationary coaches, such as attendance at informational/educational sessions.
6. Initial implementation of the rule in 2006. During the 2006 CDYSL seasonal year, CDYSL will not verify coaching license status beyond what is provided in answers to the coaching license question on the team placement forms. All head coaches without a license, as indicated on those forms, will be placed on a probationary status and expected to complete a coaching course and obtain a valid license by Aug. 31, 2006. Inaccuracies in that licensing status information may be clarified at any time by provision of documentation of license status to the league office.

III. RECREATION PLUS LEAGUES, CLUBS, TEAMS AND PLAYERS

- A. USYSA Authorization. In order to promote the sport of soccer within the CDYSL and its outlying areas, it has been deemed advantageous for the League to recognize the United States Youth Soccer Association (USYSA) definition of “Recreation Plus Leagues, Clubs and Teams”:
 1. Recreation Plus League

An intra-club or inter-club league in which:
 - a. The use of tryouts, invitations, recruiting or any like process to roster players selectively to any team on the basis of talent or ability is prohibited;
 - b. the club or clubs administering the league accept as participants in the league any and all eligible youths (subject to reasonable terms of registration); and
 - c. the league does not otherwise meet the definition of recreational league.
 2. Recreation Plus Team

A team which participates in a Recreational Plus League.
- B. League Rules For Recreation Plus. CDYSL will accept recreational plus teams and clubs with the following additional regulations. They will:
 1. pay the rate as established by ENYYSA for travel players.

2. pay the additional rate as established by CDYSL for recreational Players to cover the additional costs associated with processing player passes and permissions to travel.
3. have player passes and rosters distinctly marked "Recreation Plus Player or Team Only." These passes will be surrendered to CDYSL prior to transferring to a Travel team.
4. pay the additional CDYSL fee up to the amount of the CDYSL travel player fee upon transferring to a travel team.
5. be permitted to play in any Recreational or Recreational Plus League or tournament as defined and regulated by the rules of USYSA.
6. be permitted to play in no more than three CDYSL sanctioned travel team tournaments.
7. not be permitted to play travel tournaments outside the governance of CDYSL.

IV. GAME RULES AND REGULATIONS

- A. FIFA Rules.
Except as provided by USYSA or ENYYSA or specified herein, the recently revised FIFA "Laws of the Game" apply to all competitions.
- B. Special Playing Rules for Under 8 and 10 Players.
CDYSL has generally adopted the rules of USYSA for U8 and U10 play. Modifications for both age groups as they affect CDYSL league play are found in Appendix D.
- C. The Fall Season.
There may be a fall season of travel soccer for U8s, U10s, and U12s. The games will be played on Sundays only, beginning on the first Sunday after Labor Day.
- D. The Spring Season.
 1.
 - a. All teams will have at least a twelve (12) game season with the exception of the under 19's which will have a minimum of eight (8) games scheduled.
 - b. The season will commence play on the last weekend in April (Friday included) and end not later than July 15.
 2. No games will be played during Memorial Day weekend (Fri-Mon).
 3. Actual Play Dates will be updated and approved by the Games Committee each year.
 4. Team placement will be determined by the Games Committee in accordance with the following general criteria:
 - a) coach's request
 - b) Win/loss record for the previous season and most recent indoor season, if applicable,
 - c) The number of teams in a particular age and category
 - d) Coach and player experience

E. Traditional Days & Time of Play.

BOYS

GIRLS

U-8	M/6:30 and F/6:30	U-8	M/6:30 and F/6:30
U-10	T/6:30 and Th/6:30	U-10	T/6:30 and Th/6:30
U-11 & 12	Sun/5:45 and T/6:30	U-11 & 12	Sun/5:45 and W/6:30*
U-13 & 14	Sun/4:15 and Th/6:30	U-13 & 14	Sun/4:15 and W/6:30
U-15 & 16	Sun/2:45 and T/6:30	U-15 & 16	Sun/2:45 and W/6:30
U-17 & 18	T or F/6:30 and Sun/1:00	U-17 & 18	M&F/6:30 and Sun/1:00
U-19	Th or F/6:30 and Sun/1:00	U-19	M&F/6:30 and Sun/1:00

PLEASE TAKE NOTE: WEEKDAY GAMES FOR U-13 AND ABOVE, BOTH BOYS AND GIRLS, WILL BEGIN AFTER MEMORIAL DAY.

* - "To accommodate problems with field availability, **teams U-12 girls** may be scheduled to play on **alternate days Fridays instead of Wednesdays.**"

F. Fields.

Each club should provide one appropriate home field for every two teams playing on the same day and time. Any variations or special circumstances will be addressed by the Games Committee. Clubs unable to comply may have to play additional away games.

G. Schedule of Games.

Note: The schedule will include date, time and location

H. Requests for No-play Dates.

A maximum of two dates when a team is unable to play may be submitted with the team commitment. If a game is scheduled on a "No Play" date, that team may have the game rescheduled.

I. Game Forfeitures.

Failure to play on the scheduled date will result in a forfeit for the offending team plus a fine and referee's fees. Should both teams fail to appear, the game will be recorded as a forfeit for both (no score) and each will be fined and pay half the referee's fee.

J. Game Cancellations and Related Matters.

1. State Cup Games
Any team unable to play due to a State Cup tournament game is excused from the two weeks time limit and written requirement. If coaches cannot agree on a replay date, time and location, the Games Coordinator will assign one.
2. Weather
Games not played due to circumstances beyond control of either team (ex. weather) will be rescheduled through the Games Coordinator. If the coaches cannot agree on a new

- date, time, and location, the Games Coordinator will assign one.
3. No Referee
Should no referee appear for a scheduled game and the coaches cannot agree on a substitute, the game will be rescheduled with the Games Coordinator. If the coaches cannot agree on a date, time, and location, the Games Coordinator will assign one.
 4. Attending a Tournament
If a team chooses to play a tournament, both coaches must agree in writing to the Games Coordinator, including the rescheduled game date. The onus is on the team playing the tournament.
 5. Delay of Game
Any team delaying the start of a scheduled game more than thirty minutes without the sanction of the Games Coordinator shall forfeit the game.
 6. Withdrawal from the League
If a team withdraws from play after final divisional placements are determined, their games will be recorded as forfeits. The Games Committee shall make every effort to attempt to restore the 12 game season for the remainder of the division.
 7. Release from Fine
No fine shall be assessed for any forfeit reported at least two weeks in advance to the Games Coordinator and the opposing coach.
 8. Game Rescheduling
Games not played due to weather conditions, referee nonappearance or State Cup play shall be rescheduled within two (2) weeks of the original play date. Any game not rescheduled within the two week period will be considered a 'no game' and will not be allowed to be made up (1/5/92)
 9. ODP Players
Any team with 3 or more ODP players may reschedule when in conflict.

K. Score Reporting.

The home team is responsible for reporting the final score using the score card provided by the League. This card must be signed by both coaches and the referee.

Scores must be reported by mailing the score reporting card within 72 hours. Failure to do so will result in a fine per occurrence to the offending club.

Scores unreported within two weeks of the play date will result in the game recorded as a forfeit for the home team. No forfeiture fine will be assessed.

Dispute of any score or game result will be resolved by the referee. If no referee was present, the Games Committee will rule.

L. Determination of Standings.

Teams will be awarded points as follows: Win 3; Tie 1; Loss 0. The team having the greatest number of points in their division at the end of the season, will be the champion. Subsequent places will be determined by points in descending order. If two or more teams have the same number of points, the Division Coordinator will determine placement based on the following:

1. head to head play of the teams involved, if still tied
2. the team with the most number of wins (the other team will take second or third), if still tied
3. the team with the least number of losses, if still tied
4. the team with fewest goals allowed

If teams are still tied, they will share their place of finish.

M. Fees and Fines.

1. Each team must pay the appropriate fees in amounts listed in Appendix C.
1. Clubs must pay the appropriate team fees as set by the games committee at the time they commit a team to play for the season. Failure to do so will make them ineligible to compete for that season
3. Teams are responsible for one half the referees' fee at each game, to be paid before starting the game. If one team forfeits, the team forfeiting is responsible for the entire fee, payable to CDYSL.
4. Failure of the home team to report score on time (See Appendix C).
5. Forfeit: first occurrence, per team (See Appendix C).
subsequent occurrences (See Appendix C).
6. Any team withdrawing after the withdrawal date will be fined as set by CDYSL (See Appendix C for amount). If the team withdraws after scheduling, they will be carried on the schedule with all games recorded as forfeits. No forfeit fines will be levied unless withdrawal occurs within two weeks of scheduled games. In that case, fines will apply for the two weeks period, and other fees and fines may be imposed (Appendix C).

Any Club failing to pay all assessed fees and fines prior to the Annual General Meeting will be considered not in good standing until such time as those obligations are met.

N. Officials.

1. The League will use certified FIFA referees for all its games. In case of a shortage of FIFA referees, the Games Committee may draw from other groups organized in the area.
2. The referee will be assisted by club linesmen. Each team must provide a linesman for each game. The duties of the lineman are:
 - a. To signal the referee when the ball is out of play; and
 - b. To signal the referee which team is entitled to the throw-in or goal kick, or corner

kick.

3. Teams wishing to have assistant referees must request them from the Games Referee Coordinator. The extra expenses will be borne by the requesting club.
4. Should the referee be more than 30 minutes late or completely absent, the game shall be considered canceled unless both coaches agree to have another person or persons officiate the game. If such a person or persons is chosen, they will have the full power of a referee and therefore no game protest will be permitted.
5. At the conclusion of each game, the referee shall verify and sign the game report.

O. Coaches.

1. Qualifications
 - a. The CDYSL recommends the use of certified/licensed coaches. In cases where there is a shortage of certified/licensed coaches, the clubs shall select qualified people and should encourage them to obtain certification or licensing.

Q. Girls' Soccer.

1. Girl's soccer shall follow all rules and regulations **as** set forth herein. An exception may be made by allowing the girls to use their hands and arms in a fixed position to protect the upper part of their body (chest).

R. Game Roster.

1. Each coach must provide the referee with two copies of the League-approved roster. The referee shall keep one copy, which he/she will attach to the game report. The second copy of the roster shall be given to the opposing coach.
2. All players shall be listed on this roster. Player(s) serving a game suspension must be so marked on this roster. Issuance of game suspensions are necessitated by, but not limited, to the following:
 - a. Being sent off (issued a red card) during a regular CDYSL game.
 - b. Being sent off (issued a red card) during a State Cup game.

Accumulation of Red and Yellow Cards

- a) Each Yellow card is worth one point
- b) Each Red Card is worth three points
- c) Any three point accumulation will result in a one-game suspension
- d) Any six point accumulation will result in an additional one game suspension
- e) Any nine point accumulation will result in the player being suspended for the remainder of the season
- f) Suspensions not served will carry over to the following year

It is the responsibility of the coach to see that the player is serving the suspension. Rosters will be compared for games where suspensions are to be served and if the suspension was not served, further action may be taken by the Games Committee.

V. RULES AFFECTING REFEREES

A. Laws of the Game.

The rules of play, for all contests sanctioned by the League, shall be the last revised FIFA "LAWS OF THE GAME" with those variations recommended or mandated by the USSF, USYSA or as otherwise set forth in these rules (i.e., Special Rules for U-8 and U10 Players set forth above) (See Appendix D).

B. Referee Fees.

1. The referee shall receive the fee as set forth in the current fee schedule established by ENYSSA.
2. Payment of the fees shall be made in accordance with League policy.
3. A referee is entitled to a full fee, if a game is not played due to the failure of one of the competing teams to make an appearance at the time set for kick-off, or within the extension period set forth by the League. Any team that delays the start of scheduled game more than 30 minutes shall forfeit the game and shall pay the full referee fee.
4. If, a game in progress, is called off by the referee for reasons covered by the Laws of the Game, the fee due shall be retained by the referee in accordance with League policies.
5. The referee, upon arrival at the grounds, shall be the sole judge as to the fitness of the field of play. If the referee finds the field unplayable, the game shall be postponed or forfeited in accordance with league policy. The referee shall receive one-half of the game fee as stated above.
6. The referee is entitled to a full fee for games cancelled within 48 hours of game time, with the exception of weather-related or field condition cancellations.

C. Duration of the Game and Ball Size.

1. Duration and Ball size:

U-19	Two-45 minute halves; Ball size #5
U-17 & 18	Two-45 minute halves; Ball size #5
U-15 & 16	Two-40 minute halves; Ball size #5
U-13 & 14	Two-35 minute halves; Ball size #5
U-12	Two-30 minute halves; Ball size #4
U-10 & 11	Two-25 minute halves; Ball size #4
U- 8	Four Twelve minute quarters; Ball size #3
2. No overtime periods shall be played in League competition.

D. Coaching-Substitution-Other.

1. Coaching. Giving direction to own team or points on strategy and positioning is permitted provided :
 - a. it occurs from the touch line of the team side of the field only
 - b. no mechanical devices are used
 - c. the tone of the voice is informative and sportsmanlike

- d. no coach, substitute or player is to use profanity
 - e. no coach or player incites, in any manner, disruptive behavior
2. No one is permitted behind the goal line, unless there is a spectator line.
 3. Substitutions
 - a. prior to your own throw-in
 - b. prior to a goal kick by either team
 - c. after a goal, by either team
 - d. after an injury, by either team when the referee stops play (a like number).
 - e. at no time may a substitute enter the field of play until they have been given permission from the referee.
 4. Roster - No game may start with fewer than seven (7) players per team on the field with the exception of under-8 and 10, which must follow the rules contained in Appendix D. Teams shall appear in uniforms with a minimum six (6) inch number on the back of the shirt.
 5. No team or club official may enter the field of play, regardless of circumstances, unless that person has been asked to do so by the referee.
 6. The home team will be responsible for the condition of the grounds, the proper field markings and proper equipment.
 7. The home team shall provide the game ball.

E. Referee Report(s).

1. The referee shall complete a referee report whenever there is a game problem or ejection and send it to the CDYSL League Office within 24 hours of the game. Yellow, red cards and other problems shall be noted on this report.
2. To report disqualifications or misconducts of players or coaches, the following information shall be included: Date of game, Date of report, Age group, Coach's information, Names of teams, Reasons, Player's name, number, etc
3. A game cannot be started without a CDYSL registered person present for each team, as defined in Rule I (D) (2). This person shall present a CDYSL registration pass to the referee.

F. Referee Protection.

1. The home team shall be responsible for the protection of the referee, assistant referees, and visiting team against any action of players and spectators, before, during and after the game.
2. Clubs or teams playing in public parks are equally responsible for the protection of a referee, linesmen, and officials before, during, and after the game.
3. Cases involving physical assault of a referee and/or assigned official, occurring in any and all games played under the jurisdiction of the League shall be immediately placed before the Eastern New York Youth Soccer Association (ENYYSA) for their determination.

G. Referee Assignments.

1. A referee, failing to appear for an assignment, without a proven excuse, shall be fined in accordance with League policy. The fine shall be at least equal to the fee set for the respective game, and he/she shall be reported to his/her respective association.
2. A referee, failing to send in proper report(s) within the required time, shall be fined in accordance with League Policy and, if this problem is repeated, they will be subjected to further disciplinary actions.

VI. GRIEVANCE PROCEDURE

A. Arbitration Board

A person, a club or any other member of CDYSL may initiate a grievance against a team, a club, or an individual, including a referee, by submitting a letter to the president of the League via certified mail.

1. Copies of this letter shall be sent to the party charged with the grievance by the League.
2. The letter shall explicitly describe the charges and shall be accompanied by a non-refundable fee of \$50.00.
3. The President will refer the matter to the Arbitration Board within three business days. The chairman of the Arbitration Board will call for a hearing to be conducted within ten business days after the letter has been received from the President. Notice of the hearing time and place shall be sent via certified mail to all parties involved.
4. All parties involved in the grievance will be heard. Witnesses, supporting documents and/or any other material, which can be used in the resolution of the grievance may be presented at this hearing.
5. The Arbitration Board shall not have members who have direct relationships with the litigating parties.
6. Minutes of the hearing shall be recorded by the League Secretary or their designee.
7. The Arbitration Committee will render a written decision within forty-eight hours (48) of the hearing and notify all parties involved via certified mail.
8. Improperly filed grievances will not be considered.
9. All copies of the grievance proceedings shall be kept on file at the CDYSL offices.
10. Lawyers may not participate in these hearings in their representative capacity except in accordance with any position they may hold within a member club or the League.
11. The decision of the Arbitration Board may be appealed.

B. Appeal

Any person, team or club wishing to appeal a decision of the Arbitration Board may do so by filing a written appeal with the League President within five (5) days after the notification of the decision has been received. The appeal shall be sent via certified mail.

2. The appeal shall describe explicitly the reason for the appeal and be accompanied by a fee of \$100.00 which will be returned if the appeal is upheld, and shall be retained by the League if the appeal is disallowed.
2. The President will refer the appeal to the Appeals Board within three business days. The chairman of the Appeals Board will call for a hearing within ten (10) days after the appeal has been received.

3. Improperly filed appeals will not be considered.
4. All parties involved in the appeal will be heard.
5. The Appeals Board shall not have members who have direct ties with the litigating parties.
6. Minutes of the hearing shall be recorded by the League Secretary or their designee.
7. The Appeals Committee will render a written decision within forty-eight hours (48) of the hearing and notify all parties involved via certified mail.
8. The time limits specified in this procedure may be extended or shortened by mutual agreement in writing of all parties involved.
9. Improperly filed appeals will not be considered.
10. Lawyers may not participate in these hearings in their representative capacity except in accordance with any position they may hold within a member club or the League.
11. All copies of the appeals proceedings shall be kept on file at the CDYSL offices.
12. The decision of the Appeals Board may be appealed to ENYYSA per their Rules and Regulations.

VII. PROSPECTUS FOR NEW TEAMS/CLUBS

Any club residing within the territory of the Capital District Youth Soccer League (C.D.Y.S.L.) is eligible for membership in the League. Clubs outside the normal territory of C.D.Y.S.L. must first receive a written release from the league in which they reside and provide a substantive reason for wanting to become a member of the C.D.Y.S.L. A club seeking membership status with C.D.Y.S.L. shall submit to the League a letter of intent accompanied by a check covering the initiation fee. The letter of intent shall be read at the next regular C.D.Y.S.L. meeting and subsequently reviewed by the Membership Committee. Any member club may contact the Membership Chair with any concerns they may have during the month following the reading of the letter of intent. The Membership Committee shall make a recommendation to the League's Board of Directors at the following C.D.Y.S.L. meeting in regards to granting membership to the proposed club and cause a vote to be taken on admitting the proposed club. Since the intent of the League is to foster the growth of soccer in our area, the Committee shall look very closely at the desires of the proposed club to promote soccer within its community.

The letter of intent of the proposed club should include the following:

- 1) A brief description of the club, the community where they are located and the expectations for the growth of soccer within the club.
- 2) The officers and or key leaders of the club including address and phone numbers.
- 3) The organizational structure of the club, including bylaws and other documents requested by the Membership Committee.
- 4) The geographical territory from which the club plans to recruit and or service players.
- 5) Whether the club intends to support travel, indoor and or intramural teams.
- 6) If supporting travel teams, the age, gender and proposed division of each team planning to play in the upcoming Spring Travel Season.
- 7) Location(s) of the field(s) to be used by the club.
- 8) The colors of the club.
- 9) The uniform colors. (Note: The home team is required to change if there is a conflict.)
- 10) Prospective clubs must provide proof that it has at least one field available for every two

teams playing on the same day and time.

If the Membership Committee is recommending the club for membership the club's representative will be notified and asked to appear at the following meeting of the C.D.Y.S.L. If the Board of Directors approves the club for membership, the new club shall be given a copy of the Bylaws and Rules and Regulations of the C.D.Y.S.L. and any other pertinent information. Also, the yearly club affiliation fee will be due by the next League meeting.

Initiation Fee (with letter of intent) = \$25.00

VIII. CODE OF CONDUCT

A. Coaches' Code of Conduct

1. Coaches will always be fair, firm and consistent.
2. Coaches will promote a positive attitude and lead by example.
3. Coaches will not argue with parents or officials, and will always demonstrate good sportsmanship.
4. Coaches will do the best they can to ensure each athlete is both physically and mentally ready for whatever task is asked of them.
5. Coaches will adhere to the policies and procedures of CDYSL and set proper example for everyone to follow.
6. Coaches will stress teamwork and respect for every athlete.
7. Coaches will allow each athlete the opportunity to compete and excel.
8. Coaches will display control, respect, dignity and professionalism to all involved with soccer, this includes but is not limited to officials, opponents, coaches administrators, parents, spectators and the media.
9. Coaches will ensure that coaching or training activities take place in a safe environment and are appropriate for the age, maturity, experience and ability of the players.
10. Coaches will never strike, shove, threaten to strike, or lay a hand upon an official, player or spectator.
11. Coaches will never coach or train while under the influence of alcohol or drugs or allow a player to train or play as well.
12. Coaches will never use trash talk; profane; obscene; or vulgar language under any circumstance.

B. Players' Code of Conduct

1. Players will play by the Laws of the Game.
2. Players will control their temper. Most of all resist the temptation to retaliate when you feel you have been wronged.
3. Players will be good sports by cheering all good plays, whether it's your team or your opponent's
4. Players will treat all players as they would like to be treated.
5. Players will cooperate with your coaches, teammates, opponents and referees.
6. Players will remember that soccer is a team game and encourage teammates as every player makes mistakes and has off days.
7. Players will never abuse anyone or swear in frustration on or off the field of play.
8. Players will never use unnecessary rough tactics during the course of a game.
9. Players will never appear in the contest area under the influence of alcohol or drugs.
10. Players must always abide by the officials decision.

C. Parents' Code of Conduct

1. Parents serve as role models for their children. Become aware of this and work to be a positive role model. Applaud good plays by your child's team as well as the opposing team.
2. Parents should refrain from coaching or refereeing from the sidelines.
3. Parents will not embarrass their child by yelling at players, coaches, or officials. By showing a positive attitude toward the game and all of its participants, your child will benefit.
4. Parents will emphasize skill development and practices and how they benefit your athlete. De-emphasize games in the lower age groups.
5. Parents should support the efforts of the volunteer coaches and the league.
6. Parents will never use profanity, drugs, alcohol or tobacco during any game or training session.
7. Parents will always show good sportsmanship and set an example for their child.
7. Parents will ask their child to treat other players, coaches, fans, and officials with respect regardless of race, sex creed or ability.
8. Parents will place the emotional and physical well being of their child ahead of their personal desire to win.
10. Parents will never strike, shove, threaten to strike, or lay a hand upon an official, player or spectator.

D. Code of Conduct for Directors and Volunteers

1. Regardless of the time and sacrifices you devote, no director, officer or volunteer receive any financial benefit or credit for their volunteer services.
2. Organizational goals will be before personal goals. Put the best interest of the entire program ahead of individual desires. We are here to serve all the children with quality programs.
3. Minimize complaints and pettiness. Look for ways to improve the organization rather than pointing fingers.
4. Speak up when you have questions or disagree, but support the final decision of the organization.
5. Look at problems for an organization-wide perspective. Focus on the best interest of all the children and your sports in general.
9. Treat your colleagues respectfully. Give your colleagues the benefit of the doubt. Don't jump to conclusions. They are just like you doing their best to help build a quality program for kids.
10. Conflicts should focus on issues, not personalities of individuals. Courtesy goes a long way toward building harmony and cooperation.

XIX Administrative Rules

A. Executive Committee

The Officers and four additional Representatives elected by the CDYSL Board shall constitute the CDYSL Executive Committee, to do any and all things in the management of the affairs of the League, with the same force and effect as though a full quorum of the Board were duly convened, present and acting, except that the Executive Committee shall not have authority as to the following matters:

1. The submission to members of any action requiring Members' approval under the New York State Not-For-Profit Corporation Law or other New York State law.
2. The filling of vacancies in the Board of Directors or any committee.
3. The fixing of compensation of the Directors for serving on the Board or any Committee.
4. The amendment or repeal of the Constitution, Bylaws or Rules of CDYSL or the adoption of any new provisions to these documents.
5. The amendment or repeal of any resolution of the Board, which by its terms shall

not be so amendable or repealable.

6. The admission of new Clubs to the League.

The President of the League shall be the chair of the Executive Committee, shall preside at meetings and shall, as long as the Executive Committee exists, have no additional authority to act independently from the Executive Committee or the Board, notwithstanding any executive authority which may be derived from the Constitution of Bylaws.

The majority of the Executive Committee shall constitute a quorum and the act of six or more of the members present at a meeting at which a quorum is present shall be the act of the Executive Committee.

The meetings of the Executive Committee shall be held on a date and at a time as may be established by the Executive Committee and that notice of such meetings shall be given to the Board, consistent with the manner in which notice is given to the Board for General membership meetings.

The General Meetings of the Board shall continue to be held at least six times a year, consistent with Article V of the CDYSL Constitution.

The Chairs of the other committees of the League and other persons selected by the Executive Committee, shall be special advisors to the Executive Committee and shall report to the Executive Committee as it deems necessary.

That the terms of office for the four (4) At-Large members of the Executive Committee shall be for two years, with the terms staggered, allowing terms for two members to end each year. Initially, two members shall serve one year terms.

The Executive Committee shall make, keep and maintain minutes of its meetings in the same manner as at Board meetings.

B. Good Standing

1. Clubs in good standing receive full benefit and access to participation in the league.
2. Clubs may be deemed not in good standing for the following reasons:
 - a. Violations of the league's bylaws or rules.
 - b. Failure to pay fees, fines, or dues by the advertised deadlines.
 - c. Results of Grievance/Arbitration proceedings where club member(s) have been determined to have violated governing rules.
 - d. Absence of representation at meetings of the Board, as described herein.
 - e. Other actions or failures to act as prescribed in the bylaws or the league rules where removal from good standing is specified as a potential penalty.
3. Clubs deemed to be not in good standing will not receive the full benefit and access to participation in the league. In such a case, the league office will not process registration or other work for the club. The league will not approve travel permissions, tournament hosting applications, or rosters for cup competitions. The league will also notify ENYYSA that the club is not in good standing.
4. Determination that a club is not in good standing is made by the Board, according to specification in the bylaws, or by the Executive Committee via the powers assigned to it in the bylaws and the Rules and Regulations, Article XIX.
5. When the Board or Executive Committee places a club in the "not in good standing" status, it shall also set forth the procedures by which the club can achieve a return to good standing, unless those procedures are otherwise specified in the bylaws or rules.

C. Attendance at General Meetings of the Board.

Club representatives are expected to attend all board meetings. Clubs must ensure that the club representative or an alternate is present. If a club is not represented at two Board meetings within the seasonal year (August through July), that club will automatically lose its good standing status at the time of the next Executive Committee meeting unless an appeal is successfully argued, in person, to the Executive Committee at that meeting. Reversal of the status to good standing requires payment of an initial \$50 fine following the second meeting missed. Additional missed meetings result in successive doublings of the fine.

Appendix A:

Glossary of Terms

(To be completed after final review and approval)

Appendix B:

Club Abbreviations

Club Name Abbreviations used for team schedules/scores/standings are found on the league website.

Appendix C:

Schedule of Fees and Fines

Current Fees and Fines are to be publicized on the league's web site and by notification to the clubs via their league representatives.

Appendix D:

U-8 and U-10 Rules: USYSA Modified Playing Rules for CDYSL League Play Special League Rules for U8/U10

U10 Modified Playing Rules and Related League Rules

U10 Rules are FIFA Game Rules with the following exceptions, modifications, and additional specifications:

1. Field Dimensions are as follows:
 - a. 70-80 yards long and 40-50 yards wide
 - b. Penalty Mark Distance is 12 yds.
 - c. Center Circle is 8 yards
 - d. Penalty Area is scaled to be appropriate for the field size used, maximum of 18 yards deep.
 - e. Goal Box is scaled to be appropriate for the field size used, maximum of 6 yards deep.
2. Goals are a maximum of 7 feet high by 21 feet wide.
3. CDYSL may allow exceptions to specified field and goal size if the exceptions are

stated on the Field Commitment Form. Exceptions shall be determined by the Games Committee.

4. A size #4 ball shall be used for U10s.
5. The maximum number of players on the field at any one time is seven, one of whom may be a goalie. A minimum of four players is needed to play a game.
6. The maximum number of players on the roster should not exceed 14. Minimum roster size is seven.
7. For U10s, direct and indirect kicks are awarded and opponents must be eight yards away before the kick will be allowed.
8. The offside rule will be enforced.
9. For corner kicks, opponents must be ten yards away from the ball.
10. Some seeded U10 divisions may be created as long as U10 State Cup competition is sponsored by the Eastern New York Youth Soccer Association. Clubs may also form teams with tryouts and examination of skill level as long as U10 State Cup play is sponsored by ENYYSA.
11. Awards:
 - U10 league play is Non-Result-Oriented.
 - Season participation awards for all.
 - Standings are not posted.
 - Game score records may be kept by CDYSL to help evaluate the placement process and team rostering practices employed by clubs.

U8 Playing Rules and Related League Rules

U8 Playing Rules employ the dual sided games format, as approved by the league in the Spring, 2004.

Summary:

- 4 vs 4 play
- No goalkeepers
- Small fields, small goals, as per USYSA
- “Dual-Field” method
- Maximum Roster size: 14
- Minimum Roster size: 10
- Games scheduled between pairs of clubs
- Four 12 min quarters of play
- Roster split into two squads on game day
- Referees should be certified referees, at least for the 05 season

Fields:

- 40-50 yards x 20-30 yards, as specified by USYSA
- **CDYSL recommends that clubs use fields smaller than the maximum**
- The best approach is to lay these out inside full sized fields in a manner similar to that outlined in the accompanying sketch
- Markings:
 - Distinctive lines not more than (5) inches wide.
 - A halfway line shall be marked out across the field.
 - A center circle with a five (5) yard radius – this lining is not essential.
 - Four corner arcs each with a two (2) foot radius- this lining is not essential.
 - Goal area: Three (3) yards from each goal post and three (3) yards into the field of play joined by a line drawn parallel with the goal line; or a semi circle of 4 yard radius from the goal line centered in the goal.

Goals:

CDYSL strongly recommends the 6' wide popup style goals (hockey sized, or the Pugg Goals provided by the league via its August 2004 purchase program). The USYSA limit in goal size is 6'x18' for U8 play, but USYSA recommends using the smaller sized goals. CDYSL clubs wishing to use goals larger than the recommended 6' popup style should request this on the fields commitment form submitted in January. Goals also need not be commercially available goals. Flags or cones could also be used.

Ball: Size 3

Rules of Play:

- 4 vs 4 play, no goalkeeper
- Dual Field method.
 - Each team's roster is split in half on game day, into two groups/squads balanced for skill; different splits are used on different game days.
 - Two quarters play for squads 1 vs 1, and 2 vs 2 and the second half would be two more quarters of play for squads 1 vs 2 and 2 vs 1
- If, on game day, fewer than 10 players on one team are available for a match, then coaches, at their discretion, may switch play to 3 vs 3, or limit play to one 4 vs 4 game, and/or reassign players from one club's team to the other so that playing time can be balanced. Coaches are encouraged to be extremely flexible on player assignment and style of play when one or both teams is short on players. Coaches should favor positive participation experiences over competitive advantages.
- Substitutions: Anytime ball is out of play with the permission of the Referee or Game Official.
- Playing time: Each player SHALL play a minimum of 50% of the total playing time
- Teams and games may be coed.
- Four 12 minute quarters – 2 minute breaks for quarters, 5 min for halftime.
- No overtime periods.
- Standard game rules, with the following emphases:
 - There is no offside in small-sided games.
 - Fouls and Misconduct: Conform to FIFA with the following exception:
 - A. All fouls shall result in an indirect free kick with opponent five (5) yards away.
 - B. The referee or game manager must explain ALL infractions to offending player.
 - Free Kicks: Conform to FIFA with the following exception:
 - A. All free kicks will be indirect.
 - B. Opponents must be five (5) yards away
 - Penalty Kicks: There are no Penalty Kicks in small-sided games.
 - Throw-In: An improperly executed throw-in can be redone, once. Referee and/or coach should provide guidance on the redo of the throw-in.
 - Goal Kick: Conform to FIFA with the following exceptions:

- A. Goal kick may be taken any where within the goal area.
 - B. Opponents must be five (5) yards away from the ball.
- Corner Kick: Conform to FIFA with the following exceptions:
 - A. Opponents must be five (5) yards away from the ball.
 - B. Corner Kicks are Indirect Free Kicks.
- Goaltending is not permitted. Defensive players may not occupy the goal box area without actively marking an offensive player.

Players Equipment: Conform to FIFA; in addition:

- Footwear: Tennis shoes or soft-cleated soccer shoes are permitted
- Shinguards are mandatory.

Referee:

- With the dual field method, two game officials will be required.
- CDYSL may employ certified referees for U8 play (recommended for the initial 05 season). CDYSL will strive to used Grade 9 certified referees for U8 games. However a game manager style of refereeing may be used when necessary, or in future years, as recommended by USYSA.

Awards

- 4 vs 4 U8 league play is Non-Result-Oriented.
- Season participation awards for all.
- Standings are not posted.
- Game score records may be kept by CDYSL to help evaluate the placement process and team rostering practices employed by clubs.

Roster size:

- Maximum roster size is 14, so that 7 players each can be assigned to the two squads.
- Minimum roster size is 10

Dual Field Method, additional procedures:

- Two games will take place between the pairs of squads, on adjacent fields, if possible (see sketch).
- Players cannot shuttle back and forth between adjacent games, but some flexibility in player assignment to squads is afforded by the option to switch to 3 vs 3 or one 4 vs 4 field as described above when game day attendance is low for one or both teams.
- Coaches/players are located in between the two fields, parents on the sides, but not behind endlines.

CDYSL Scheduling:

- Each game night, teams from two clubs would be scheduled to play either home or away against only one opponent club.
- Clubs must have enough pairs of fields (dual fields) to cover games for half the number of U8 teams the club registers. This is not a change from preexisting procedures where, for example, a club that registers four U8 teams would be expected to provide fields for two teams on a given game night (the other two would be scheduled away).

Team Composition

- U8 teams are not permitted to play up into older age divisions.
- Clubs form teams according to age/experience criteria
 - a) An “experienced” team would be comprised of at least 70% players with U8 club soccer playing experience in the prior year(s) or 80% players who are true U8 (not U7 or U6). Such

teams could ask to be placed in “Experienced” divisions. On a 14-player roster, 70% is ten players and 80% is 11 players.

- b) An “inexperienced” team would be all those not covered above in “A”, and would play in Geographically arranged divisions.
- Clubs that have enough players for multiple U8 teams should not compose “A”, “B”, etc level teams based on skill level. Assignment to one of multiple teams within a club should not be based on tryouts. Instead, age/experience criteria are to be employed. Multiple “experienced” teams within a club should be created randomly, without regard to skill.
- Clubs may still need to employ tryouts to determine acceptance to the age group when the roster limits result in an excess of players. However, following the above language, these tryouts are not to be used for team assignment, once it is determined that a player will be assigned to travel teams within the club. Clubs are strongly encouraged to recruit adequate numbers of players so that none need be turned away.

CDYSL Divisional Placements:

- Two types of divisions will be created, Experienced and Geographic.
- Experienced divisions will be comprised of “Experienced” teams as defined above.
- Within Experienced divisions, CDYSL will also attempt placement of teams into geographical alignments.
- Inexperienced teams will be placed in geographical divisions with other inexperienced teams.
- Team Placement forms will be required. A special form will be used for U8 divisions. Rosters should be attached to placement forms since the definition of experienced/inexperienced teams is based on roster makeup.

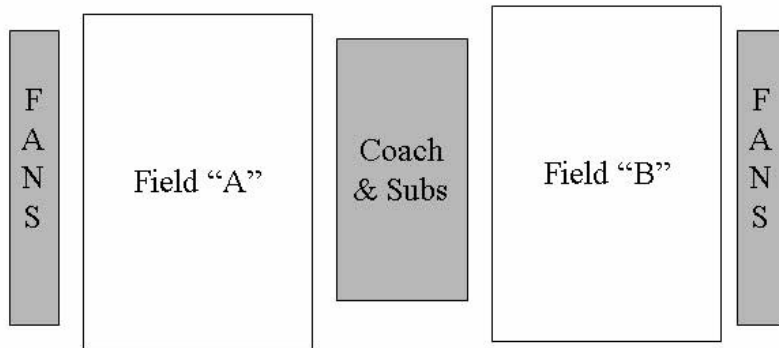
Changing USYSA Rules/Recommendations for small-sided games

- USYSA has produced a series of recent changes in its rules/recommendations for small-sided game play. CDYSL shall flexibly accommodate any new rules changes from USYSA/ENY. The Games committee and the Rules committee are permitted to adopt any new USYSA rules/recommendations without full league review/approval, unless:
 1. The core 4v4, dual field method is changed, or
 2. Team composition procedures or roster limits are proposed to change

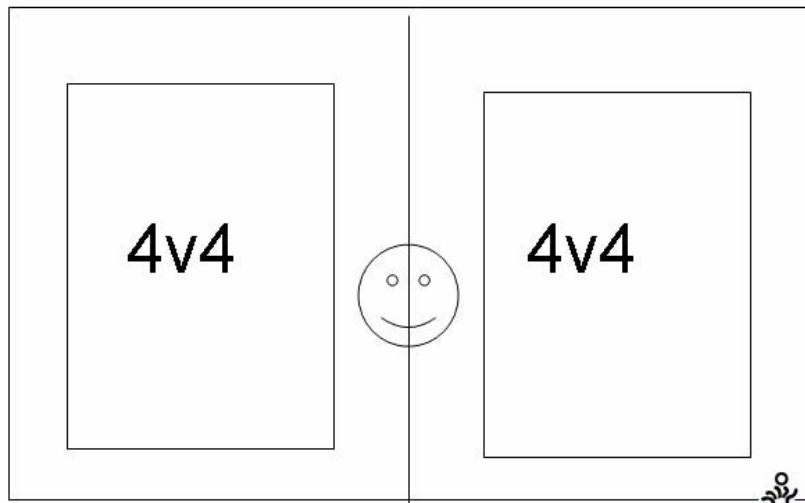
The following diagrams outline the recommended method of laying out fields for the “dual field method”

How to do it

- 4v4: Play “dual field” format.



Dual Field Method Lays out Two small-sided Fields Inside a Full-size Field



Appendix E

Coaching and Refereeing License Programs

The League, upon request, will provide for Coaching Clinics and Referee Clinics, and will assist member clubs in sponsoring activities aimed at promoting or improving soccer in our communities.

The CDYSL in cooperation with ENYISA and the New York State Referee Association (NYSRA) will offer courses for people wishing to gain a Coaching License and/or a Referee License. The fee for the License Course will be paid by the candidates.

A. Coaching Licenses.

ENYISA offers licenses, which can be earned by attending courses offered by the State Coaching Staff.

Levels of licenses offered at the State level are as follows:

TYPE OF LICENSE	DURATION	
D	36 hours	30 hours of instruction/6 hr. exam
E	18 hours	15 hours of instruction/3 hr. exam
Youth Modules	9 hours instruction only	

To receive a license, a candidate must attend all of the course sessions and must meet the course requirements.

A club or a group wishing to sponsor a Coaching Course, or needing more details, should contact the CDYSL Office.

B. Refereeing License.

The CDYSL, in conjunction with the NYSRA, offers courses aimed at certifying referees in our area. CDYSL shall strive to ensure that the entry level Grade 9 course is offered regularly. The cost of the course is established by the NYSRA on a yearly basis. The CDYSL also sponsors clinics and workshops for coaches, parents, and other interested people.

A group of people or clubs wishing to sponsor a refereeing course, should contact the Referee Coordinator of the League, who in turn will make all the necessary arrangements. The State Referee Association has a staff of qualified instructors who will teach the courses in any part of our league. Those candidates who pass a USSF test will be awarded a license.

Appendix F

CDYSL League Olympic Development Program (formerly called CDYSL Select Program) Guidelines

A. Goals and Objectives.

1. Serve as a developmental program for the State Olympic Development Program (ODP).
2. Provide player development by providing:
 - a. Play at a higher skill level.
 - b. Play for a different coach with different techniques/style.
 - c. Play in tournaments and against other Select or ODP teams (friendlies).
 - d. Opportunities for additional training and skill development.

B. Administration.

The CDYSL League ODP shall be administered by a League ODP Committee of five people consisting of the Program Director, the Program Assistant Director, a member of the Executive Board and two persons representing clubs.

1. League ODP Committee
 - a. Shall be responsible for the administration of the CDYSL League ODP
.
 - b. Composition
 1. Director of League ODP
 2. Assistant Director of League ODP
 3. League Operations Director
 4. Representatives of two CDYSL member clubs.
 - c. Shall be appointed by the President.
 - d. Shall submit a proposed budget to the Finance Committee at least two months prior to the beginning of the fiscal year.
 - e. Shall submit a detailed financial accounting of the League ODP income and expenditures by the September Board meeting.
 - f. Shall be responsible for maintaining standards of conduct for players and coaches within the Select Player Program.
 - g. Shall be responsible for ensuring the distribution of the League ODP information to all prospective players and their parents/guardians.
 - h. Shall be responsible for ensuring the yearly evaluation of the program by the players,

parents, and coaches.

2. League ODP Director:

- a. Shall be appointed by the President.
- b. Shall chair the League ODP Committee.
- c. Shall be responsible for the day-to-day operations of the League ODP.
- d. Shall submit written monthly reports to the CDYSL President.
- e. Shall submit the names and clubs of each team player pool to the Board of Directors
- g. Shall carry out duties as assigned by the CDYSL Board of Directors.
- h. Shall coordinate the League ODP with the State ODP.
- I. Shall submit the results of the yearly evaluation to the Board of Directors.

3. Assistant League ODP Player Program Director

- a. Shall perform the duties of the Director in his/her absence.
- b. Shall assist the Director in the development of players.
- c. Shall communicate regularly with team managers to coordinate administrative and financial activities of the teams.
- d. Shall be responsible for presenting financial data and reports to the League ODP Program Committee.

C. League ODP Players.

1. All players shall be registered with CDYSL/ENYYSA.

2. Player Selection

a. Players will be selected for the CDYSL team player pools based on technical, tactical, physical and psychological soccer abilities.

b. The age groups will be determined by the player's age on July 31 of the year prior to the spring travel season.

c. Two-three tryout dates will be identified for each group where a team is being proposed. All tryout dates must be finalized at least 30 days prior to the first tryout date.

d. Team player pools in each age group will be finalized by June 1st of each year. To be considered for selection to a team player pool, the player must have attended of the tryouts.

e. Players who are not selected for the player pool will be contacted by the coach

f. Upon selection to a team player pool, each player must pay a registration fee to CDYSL.

This registration fee pays for the select uniform and league expenses. Its value will be established on a yearly basis by the committee. Expenses for out of town friendlies and tournaments are the responsibility of the player. Any player who cannot afford this registration may contact the League ODP Director.

g. Only players from the age level team player pool will be allowed to play.

h. Requests for players outside the pool must be made in writing to the League ODP Director and the CDYSL President identifying name of player, date of event and reason for needing a non pool player. Written approval of both the Director and the President is necessary.

i. Players must play in their own age group unless there is no team at that age group.

4. Teams

a. The age levels at which CDYSL will try to establish teams will be presented to the Board of Directors or Executive Committee for approval no later than the December meeting.

D. Coaches.

1. Selection

a. Coaches will be evaluated and recommended by the League ODP Committee, chaired by the League ODP Director. Selection will be made from an evaluation of the following areas of emphasis:

- Education - USSF D license or NYS public school certification or equivalent highly preferred
- Experience coaching at applicable age level and gender
- Playing experience
- Level of commitment to the program
- Affiliation with CDYSL
- References regarding coaching ability

b. Final decisions on coach selection will be made by the CDYSL Board based on the recommendations of the League ODP Committee.

2. No coach may coach a League ODP team at the same level as they coach a spring club/premier team.

3. Each coach will be asked to identify any financial interest they have in youth soccer. (This information does not in any way preclude them from being a coach.)

4. Coach remuneration for each year will be determined in September for the coming year.

5. Each coach of a League ODP team must provide a disclosure form authorizing a background check under the Risk Management as outlined in Section II –D, coaches registration.

E. Team Management.

1. Each team will have a team manager(s). The team manager may not be the coach or the coach's spouse or significant other.

2. Team Manager responsibilities

- a. Maintain official team rosters and team lists.
 - b. Ensure communication with all team members regarding team practices, games, etc.
 - c. Coordinate all travel and housing arrangements.
 - d. Maintain all financial records and receipts for coach and team. Forward to Assistant League ODP Director at end of season.
 - e. Maintain player medical release forms.
 - f. Assist with arrangements for all visiting teams and officials.
 - g. Maintain communication with team parents as necessary.
3. Remuneration for team managers will be determined by the Board.

F. Discipline.

1. Coaches

- a. Concerns about coaches shall be submitted in writing to the League ODP Director with a copy to the CDYSL President.
- b. The Program Director will investigate the concern and report his/her findings to the League ODP Program Committee with a recommendation for action, if any.

2. Player

- a. Concerns about the conduct of a player on or off the field shall be submitted in writing to the League ODP Director with a copy to the CDYSL President.
- b. The League ODP Director will investigate the allegations against the player, discuss the issues with the coach and report his/her findings to the League ODP Committee with a recommendation for action, if any.